

# The Muslimah Sex Manual



## Stripping

The best place to strip is your bedroom, provided you have enough space. The bed is right there and you two have already started associating the room with naughty time. If it's not large enough, the living room will have to do. If you're doing it in the living room and have kids, **absolutely** make sure there is no way they can come in the house at that time. This is reserved for a time when all the kids are at school or otherwise firmly separated from the building.

Choosing what you wear when you strip is key. You have to plan so that you have layers of sexy clothing on. Nylons and garters are uniquely alluring. If you're going with this, wear your panties *over* the garter belt instead of under. This allows your husband to pull off your panties while leaving the garters and stockings intact. Over this, wear a skirt that's easy to take off. For your top, make sure you have a sleek bra and then choose something like a blazer on top. Saris are a super sexy outfit to wear when stripping. Some women might feel awkward doing this, but I'd recommend to keep adding layers until you're presentable enough to go outside. Meaning wearing a hijab or even a niqab. Going from fully covered, pious Muslimah to ravaging him in bed is part of the turn on in a striptease.

Set the mood by lighting bukhloor or other incense.

Remember, in a striptease, *you* are taking control. This is one where you're dominant. When he comes home from work, grab him by the wrist and take him to where you're going to strip for him. Push him, firmly, where he should sit. Give him a soft kiss and then walk away.

As you walk away, make sure it's slow and seductive. Put some movement into your hips as you do so. When you get as far as you intend to, stop. Look over your shoulder while still facing away, and take the outermost layer of your top off.

Take a step back towards your husband. Put your hands on either side of your hips and lower your skirt/pants to the floor. Bend forward while you're doing this so that your butt is front and center for your husband.

Each striptease will be different depending on what you're wearing. Your instinct might be to take your hijab off first. Switch it up though. Your husband might find the sight of you in a hijab and nothing else to be very sexy.

When you're undoing your bra, again, do it slowly. Face the other way. Slip each shoulder strap down before undoing the

bra from behind. Throw the bra at him over your shoulder. At this point, all he sees is your bare back. *Then* turn around and let him get a view of your breasts.

A really good move to do to turn him on is to come up to him and sit down while straddling one of his thighs. Move up and down his thigh. Take it all the way to his knee and then grind your crotch into his knee.

If you have the time, try doing a practice run by yourself before doing it with him. Even then, you might find that the first few times is awkward. That's fine, you have a lifetime to perfect it! For some couples, this isn't a turn on. If that's you, that's fine! There're other ways to spice up your sex life.